

## Autism Resources

[Download the \*Milestone Tracker\* app from the App Store](#)external icon

**Click on the age of your child to see the milestones (Open hyperlink)**

- [2 months](#)
- [4 months](#)
- [6 months](#)
- [9 months](#)
- [1 year](#)
- [15 months](#)
- [18 months](#)
- [2 years](#)
- [30 months](#)
- [3 years](#)
- [4 years](#)
- [5 years](#)

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## Trusted State resources on Autism

- Kentucky Advisory Council on Autism <https://www.kyaca.org>
- Kentucky Autism Training Center [www.kyautism.org](http://www.kyautism.org)
- UK Human Development Institute  
[https://hdi.uky.edu/hdi\\_resources/kentucky-disability-resource-manual](https://hdi.uky.edu/hdi_resources/kentucky-disability-resource-manual)
- KY-SPIN <https://www.kyspin.com/>
- Autism Society of Bluegrass <https://asbg.org/about/>
- Support group resources:  
<https://louisville.edu/education/kyautismtraining/families/groups> or in PDF:  
<https://louisville.edu/education/kyautismtraining/families/ASDSupportGroupsinKYPDF.pdf>
- First Steps -  
<https://chfs.ky.gov/agencies/dph/dmch/ecdb/Pages/firststeps.aspx>

- Early Childhood Mental Health Program <https://dbhdid.ky.gov/dbh/ecmh.aspx>
- Act Early Ambassador - <https://hdi.uky.edu/uncategorized/hausman-and-howard-to-lead-kentuckys-act-early-network>

## Trusted National resources on Autism

- Autism Navigator <https://autismnavigator.com/>
- Baby Navigator <https://babynavigator.com/>
- Autism Society of America <https://www.autism-society.org>
- Autism Speaks – Toolkits <https://www.autismspeaks.org/tool-kit>
- ARC of USA <https://thearc.org/about-us/>
- Centers for Disease Control – Act Early <https://www.cdc.gov/ncbddd/actearly/index.html>
- Autistic Self Advocacy Network <https://autisticadvocacy.org/>
- National Autism Association – Big Red Safety Box <https://nationalautismassociation.org/>
- Centers for Disease Control – Autism CASE Training <https://www.cdc.gov/ncbddd/actearly/act.html>
- Autism Focused Intervention Resources & Modules (AFIRM) <https://afirm.fpg.unc.edu/afirm-modules>
- Big Red Safety Box <https://nationalautismassociation.org/big-red-safety-box/>